

VAN DAM CHIROPRACTIC

Dr. Scott A. VAN DAM

WWW.VANDAMCHIROPRACTIC.COM



Aug 2015

2701 9th Ave. SW Suite 800 • Fargo, ND 58103 • 701.280.2599 • ocpdrs@ideaone.net

THE WAR ON CANCER



We're going to be featuring a very important topic this month and are giving it a little more space

got cancer.

... In ancient times, [cancer] was extremely rare. There is nothing in the natural environment that can cause cancer. So it has to be a man-made disease, down to pollution and changes to our diet and lifestyle.

– Professor Rosalie David, Faculty of Life Sciences, the University of Manchester (2)

An unexpected finding

A recent study published in the Journal of the American Medical Association Internal Medicine (July 6, 2015) sought to determine if cancer screening saved lives. It didn't; screening has no affect on breast cancer deaths.

...the clearest result of mammography screening is the diagnosis of additional small cancers. Furthermore, there is no concomitant decline in the detection of larger cancers, which might explain the absence of any significant difference in the overall rate of death from the disease. Together, these findings suggest widespread over-diagnosis. (3)

The study indicates that tumors may spontaneously disappear, and that many people have had cancer throughout their lives without ever knowing they had it. This has been found by others:

cont. on page 2

because it is so important: cancer.

Because it is a natural, vitalistic healing art, the chiropractic approach can give us much insight into this disease; an insight that is sorely lacking in today's world.

In 1971 US President Richard Nixon declared a "war on cancer." The goal was to eliminate cancer by the turn of the century. It was a medical war – natural, alternative, non-toxic and nutritional healers were not invited to participate.

The result? A big disappointment. Even as of 2015, many types of cancer remain largely incurable and the overall death rate from cancer has not decreased appreciably since the 1970s. (1) In the government's war on cancer, cancer has won.

Another Perspective

Although now a major killer, historically few people

The War on Cancer.....	1
The War on Cancer, cont.....	2

Clinic News -- We Are Moving.....	3
References.....	3

The natural course of some... breast cancers... [may be to] spontaneously regress. (4)

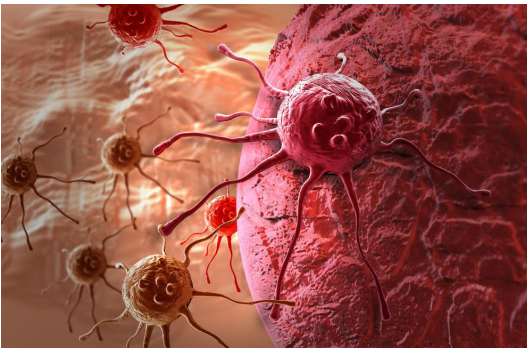
Why A Tumor?

Tumors are not foreign objects implanted by evil aliens while we sleep designed to kill us. Our body creates tumors and keeps them alive with a blood supply. (5) Why would an intelligent body do such a thing unless the tumor served a purpose? But what purpose could a tumor serve?

Tumors and cancers appear to have an ability to sequester toxins that build up in our body. A tumor is so toxic that if it breaks apart (known as tumor lysis) it can sicken and kill. These toxins come from our external and internal environments and unless kept in one place can spread.

There is more cancer today than ever before in human history because there are more toxins today than ever before in human history. We are under constant toxic assault, but as long as our immune system and ability to detoxify (eliminate toxins) stay strong tumors will come and go.

There is a special name given to the ability of the body to dissolve cancers: spontaneous remission.



This phenomenon has been recorded in medical literature for over a hundred years. Initially considered a rare event, recent evidence reveals that it is not rare at all – in fact it is rather common. Throughout most people's lives tumors grow and then dissolve away.

Autopsies of those prematurely killed in auto and other accidents reveal the deceased having lived with many times more tumors and cancers than are ever diagnosed in doctor's offices.

Clinically apparent breast cancer afflicts one per cent of all women between ages 40 to 50. On autopsy

however breast cancer was found in 39% of women in that age group. (6) For every person diagnosed with thyroid cancer 1,000 had cancer colonies in their thyroid and never developed a tumor. (7)

Screenings

It appears that screenings find lots of small tumors that would have disappeared on their own. How many are scared into chemotherapy, radiation and surgery for tumors that would have dissolved naturally? In *More Medicine, Less Health* H. Gilbert Welsh, MD writes:

Screening doesn't avoid most cancer deaths. People who are regularly screened still can die from the cancer being screened for. Every randomized trial of screening has shown this. (8)

What To Do?

A more important question to ask is that if spontaneous remission is fairly common, what can we do to make sure our body continues to dissolve those cancers that turn up so we have more spontaneous remissions?

Two things are most important – first, avoiding toxicity in our internal and external environments and second, ensure our body functions at its fullest potential to promote detoxification.

Avoiding toxicity: refined and junk foods and exposure to toxins.

Detoxification has been a traditional part of all cultures for thousands of years and should be a part of every person's life – this includes massage, sauna, exercise, cleansing diets, fasting diets and other procedures to help our body remove toxins.

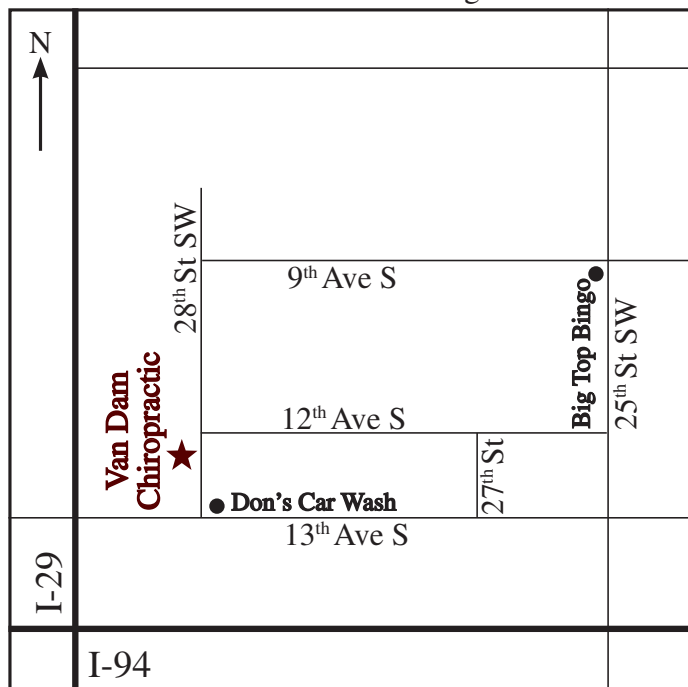
There are many healthcare approaches that help your body to function better such as nutrient-dense foods, homeopathy, Chinese medicine, body work of many types and, of course, chiropractic. Regular chiropractic checkups should be a part of everyone's life so their body will function at its optimum.



THIS SEPTEMBER!

NEW LOCATION!

1203 28th St. S - Fargo



WORDS OF WISDOM

Six Little Stories THAT SAY IT ALL

1. Once all the villagers decided to pray for rain. On the day of prayer all the people gathered, but only one boy came with an umbrella. That's **FAITH**.
2. When you throw a baby in the air, she laughs because she knows you will catch her. That's **TRUST**.
3. Every night we go to bed, without any assurance of being alive the next morning but still we set the alarms to wake up. That's **HOPE**.
4. We plan big things for tomorrow in spite of zero knowledge of the future. That's **CONFIDENCE**.
5. We see the world suffering, but still we get married and have children. That's **LOVE**.
6. On an old man's shirt was written a sentence 'I am not 80 years old ... I am sweet 16 with 64 years' experience.' That's **ATTITUDE**.

THANK YOU FOR YOUR REFERRALS!

As a special thank-you, if you refer someone to Van Dam Chiropractic and they put down your name as the referral, Dr. Van Dam will send out a **\$5 GIFT CARD TO STARBUCKS**. We know there are a lot of choices of doctors for your healthcare and we thank-you for choosing us.

REFERENCES

1. Ries LAG et al. (eds). SEER Cancer Statistics Review, 1975-2005, National Cancer Institute. Bethesda, MD, http://seer.cancer.gov/csr/1975_2005/, based on November 2007 SEER data submission, posted to the SEER web site, 2008
2. David AR, Zimmerman MR. Cancer: an old disease, a new disease or something in between? Nature Reviews Cancer. 2010;10:728-733. doi:10.1038/nrc2914
3. Harding C et al. Breast cancer screening, incidence, and mortality across US counties. JAMA Intern Med. Published online July 06, 2015. doi:10.1001/jamainternmed.2015.3043
4. Zahl P-H, Mæhlen J, Welch HG. The natural history of invasive breast cancers detected by screening mammography. Arch Intern Med. 2008;168(21):2311-2316.
5. Nishida N et al. Angiogenesis in cancer. Vasc Health Risk Manag. 2006;2(3):213-219.
6. Black WC, Welch HG. Advances in diagnostic imaging and overestimations of disease prevalence and the benefits of therapy. N Engl J Med. 1993;328:1237-1243.
7. Folkman J, Kalluri R. Cancer without disease. Nature. 2004;427(6977):787.
8. Welch HG. Less Medicine, More Health. Boston, MA: Beacon Press. 2015.